

**d i s c o v e r**

learning for yourself.

# Learning Diary

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**Name:**

**Group/Course:**

**Adult Learning  
Worker:**

February 09

## **WHAT IS A LEARNING DIARY?**

- **It is your personal record which you can choose to share with others.**
- **It helps you plan change.**
- **Your diary may be a mixture of words and pictures, or you can keep an audio/ video diary.**
- **It provides a picture of your learning journey.**
- **It helps you think about where to go next.**
- **It tells you what's working for you and what's not.**

**This week I learned**

**This week I most enjoyed**

**This week I least enjoyed**

**Next week I will ask about?**

**I would like to make the following changes to my learning**

**Comments/observations**

**Signature:**

**Date:**